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**MONOGRAPH**

**“Analysis of the most common psychological problems affecting teenagers at the Latin  
American Level”**

**STUDENT:**

**Samara Segarra**

**ADVISER: LCDA. Laura Ortuño**

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## 1 GRATITUDE

I want to thank my parents for allowing me to study at this school, which has helped me grow as a person and realize how important it is to be supportive because this leads us to do great things for others, even more so for those people who they need it. Also, I would like to extend my gratitude to my sisters and friends for not leaving me alone at any time, but for always supporting me in every decision I have made throughout my life and those that in the future I would like to take. Having chosen this topic, it helped me to know more about the social problems of the adolescents and what problems they are confronting nowadays. This investigation has also helped me come to realize that the career that I have decided to study is truly ideal for me. I feel that I can really make a difference, and hope to do so in the near future.

## 2 ABSTRACT

I chose this topic because it is so important to know how many children die for a problem that are out of your situation to solve. The parents did not know what are happening with your son because they are thinking that not putting limits or correcting them when they do bad things is the best decision for making a better relationship, but this is the worst form to educate because they do not take the better tips and advantages to teach them when they are in a situation that needs help. The situation in Latin America is high with respect to psychological problems in teenagers for this the people need to know what are happening in the world.

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## 4 INTRODUCTION

The author chose the topic "psychological problems among teenagers in Latin America" by the high rate of cases that have occurred in America. It is important that people know the situation in which youth is today, because if it doesn't start to look for solutions, to spend the time it will be too late, the children of each one of them will have the risk of falling into any of these conflicts, therefore, would not serve anything about protecting them, if at the end they at some point will come out to the real world, which it will be worse and it could affect them more even due to the interest to be able to experience new things which will not always correspond to something appropriate.

She is dedicated to help find the means with which to treat these types of conflicts which are capable of preventing any adolescent from functioning properly. Which affect t the young which does not allows them to function normally. It is for that reason that you want to display a clear and accurate study that the information contained in this text is a small excerpt from our current world situation today. This could help them take steps to raise awareness not only parents, but also in adolescents and their perspective on the various recreational activities that are fashionable. Many guys are part of this problem since they find it an escape route before your current emotional situation since they do not find a way to deal with them and resolve them. This could help them take steps to raise awareness, not only in parents, also in teenagers and their perspective on the various recreational activities that are fashionable. Many guys are part of this problem since found in it a way to escape before their situation current emotional partner since they do not find a way to deal with them and resolve them.

The chosen theme has brought about great dilemmas in our and all societies. Due to different reasons, such as education, age gender, religion and even walks of life, every person views this topic differently and opinions concerning the solutions must be presented even before the psychological problems are to be treated. This as you may imagine brings with it certain complications, as each person treated may vary in their reaction and behavior to what is proposed, or even by whom. In addition, several clinical studies and surveys have been carried out in order to obtain statistical data to compare, analyze and evaluate the occurrence of these phenomena in the social environment where they develop.

In general, most investigations try to target specific points that will offer the professionals a more strategic advantage, making schools the perfect environment for the recovery of data by both internal psychologists of the educational unit as well as external. This naturally permits them constant accessibility to children, especially because during childhood is when there is the most instability and little firmness in their ability to discern good decision making. Therefore, it leads them down the right path avoiding possible obstacles. They can get a clearer view of that which occurs throughout their lives and try not to let it affect the children's emotional development. This strategy allows the professionals to clarify or discover the child's skills and listen to their thoughts and opinions with freedom.

The following document will discuss the most common mental disorders in adolescents, the main social causes that can lead to suicide, in addition to the most common behavior patterns that occur during this stage to further these points, different psychological criteria in reference to each topic to be discussed will be displayed and explained.

## 5 CHAPTER I

### 5.1 Main mental disorders present in the adolescents.

In this chapter, we will speak it brings over of the most common mental disorders in a teenager, in agreement to the statistics realized by the different universities and clinics to Latin-American level. Several exist you because it brings over of because this type of diseases is generated, first we have the genes and familiar precedents that jug an important paper; I do again his experiences of life, such as the stress or a record of abuse; third party the biological factors, for example, a traumatic injury of the brain, the exhibition of the mother during the pregnancy to virus or toxic chemists and for the last one the use of illegal drugs or to suffer a medical serious condition as cancer.

Many don't look for treatment in the early stages because they do not recognize the symptoms. The first symptoms and the first treatment passes without recognition of them, other one 16 % of the time is begun to ask for help. There are realized different tests of mental health of anonymous form, free and deprived to be able to know his bill of health and if he presents signs of warning, it is not a diagnosis, but it is a useful tool to begin a conversation with his doctor or a dear being brings over of this type of diseases. Taking in it counts the realized statistics, there were obtained the results of the following diseases that we will treat later.



## 5.2 Bipolar disorder

The Bipolar disorder is a severe mental illness, anyone can develop bipolar disorder. It is generally and most commonly detected and most often than not starts in a person's late teen or early adult years, but children and older adults are not exempt from having bipolar disorder too. Sadly, this illness usually lasts a lifetime.

Family genes are taken into consideration as one of the leading cause, while the structure of the brain and the way it functions in people suffering from this ailment must also be taken into consideration. As they present the sensations of euphoria and activity that is called them obsessions, in addition those feelings of sadness and hopelessness that in these patients the symptoms which lead to what is referred to as are called them a depression. these radical changes of emotions are called episodes and can vary quite rapidly and take one from a normal state of mind to another in a matter of seconds.

People having a depressive episode:

- Rest for a short or long period of time exaggerated
- Complain constantly
- Do not engage in recreational activities
- Worry illogical situations
- Concentration problems
- Food problems by eating too much or too little
- Deterioration of memory
- Feeling tired
- Having thoughts about death or suicide

People having a manic episode may:

- Feel so excited
- Trouble to rest during the night
- Have more desire to do different activities than usual
- Not pronounced well mentioned rapidly
- Be agitated, irritable, or “touchy”
- Feel like their thoughts are going very fast
- Think they can do a lot of things at once
- Do risky things, like spend a lot of money or have reckless sex

If one does not treat it in time, it can damage personal relations, cause under performance in the school or in the work and even the be a factor to be taken into consideration as a leading cause of suicide. Nevertheless, effective treatments exist to treat the symptoms as the medicines and " therapy of conversation ", but the combination of both is in the habit of being better what works. Scientists are finding out more about the disorder by studying it, because one-day doctors want to prevent the illness in some people.

### **5.3 Personality disorder**

It is known as the group of personality disorder of mental disorders that covers a long-term pattern of thoughts and behaviors that cause instability both emotionally and in health. This becomes a major impediment due to the problems that can be generated at work, with your family or friends, in addition, the lack of control caused by stress and the everyday concerns, for that reason do not always have a good relationship with the people who are in found in around

There are no exact causes of this disease, but if one takes into account the experiences of his childhood because it is believed that can have great influence in this. We can analyze the following factors involved in this.

- Abandoned during their childhood or are scared to be abandonment
- They do not have a good relationship between the family by the lack of communication
- Emotional crisis and psychological problems

It is diagnosed through a psychological evaluation, taking also into account the history and severity of the symptoms of the person, receives the respective treatments and must be willing to accept the help. There are two types of treatment is the individual or group, there are also medications that can increase the mood swings and treat depression or other disorders in the present. Complications can occur as a drug addiction, depression, problems with family or friends, and suicides or suicide attempts.

It is divide into different personality disorders:

- Dependent: It is a mental state in which people rely too much on others to meet their emotional and physical needs, is presented both in men as women and usually begins from childhood.
- Antisocial: it is a mental condition that shows a long pattern of manipulation, exploitation or violation of the rights of others, in addition, men tend to be the most affected, that is common in people who are in prison.
- Narcissistic: It is a person who has exaggerated sense of self-importance, extreme concern if same and lack of empathy for others.

- **Paranoid:** Is a mental condition in which a person presents patterns of mistrust and misgivings about the rest, usually occurs more in men. Feel being in danger all the time, so look for tests to try to make it look real.
- **Schizotypal:** Is a mental condition in which a person has difficulty at the time of a good relationship with others, also have alterations in the patterns of thinking, appearance and behavior.
- **Avoidance:** It is a mental condition in which a person tends to feel very shy, inadequate and sensitive to rejection.

#### 5.4 Anxiety disorder

We can witness this disorder when we feel fear and anguish in an extreme level, not just affect us internally but externally also because it interferes in our daily performance of activities or work that we carry out. One of the countries where most occurs is in the United States, mainly in children and young people because of the feeling

of negativity that witness at the school or their homes, who are more prone to this are women according to statistics carried out.

These are certain emotional and physical symptoms that present:

- Recurrent, unexpected attacks of extreme fear or anxiety
- Accelerated heartbeat of the heart and chest pains
- Excessive sweating
- Tremors, chills, nausea, dizziness or suffocation

- Feeling of not being able to breathe
- Disorientation
- Fear of losing control, death or fear of other hazards
- Desire to escape
- Headache, fatigue and insomnia
- Concern extreme daily activities

For this reason, it can be witnessed different types of disorder and what are their types of treatment, then a brief explanation of what each will be:

**Panic disorder.** –

They have panic attacks as intense and unexpected fears no reason, why many people tend to be confused with heart attacks because of the physical symptoms that develop during this such as headaches or dizziness, chest. People try to avoid such situations away from the outside world or leaving very frequent sightseeing.

**Phobias.** –

The majority of people have some kind of phobia is towards animals, things, pictures, places, or events. These are situations where we feel uncomfortable or very frightened, creating an atmosphere of panic or intense fear to the rest, so most people trying to avoid all sorts of things that could cause you this feeling.

### **Social anxiety disorder. –**

In this, feelings of fear are presented to be humiliated or judged by society, what today is happening with young people. They are not participating in discussions, debates or major projects for fear to express their ideas and not be accepted.

To review and analyze the website National Alliance on Mental Illness (2017): “Going through a traumatic or stressful event such as the death of a loved one, abuse, accident car, violence or extensive disease, often can cause the development of an anxiety” (pp.13)

Personally, I agree with this theory because of the situations that arise on a daily basis because they happen unexpectedly, creating a strong impact on us reaching the point to have a serious effect on our mental and physical health.

## **6 CHAPTER II**

### **6.1 Main social causes that can lead to suicide**

This chapter will discuss the main social causes that can lead to suicide, according to the studies conducted by various psychologists and psychiatric centers. these are the causes that most stand out in Latin America in adolescents, because of the high rate of discrimination that arises among the inhabitants of his native country as well as the exclusion of a group towards other usually those which have different tastes and thoughts. in a fly, abuse of social media by young people or adults bad intentions which are supposed to be to communicate with others, but instead abuse them not physical but emotionally way. each of these problems over time can grow, therefore the emotional situation of the teenager decline little by little becomes a depressive state

not necessarily gives it to understand because there are some cases where they show to be themselves in a comical way to be able to fit with the rest, but inwardly feel august of someone who does not represent it as really wanted to be him, others instead alter its behavior for example begins to isolate themselves from their group of friends and family and don't like to participate in school activities and can be aggressive or depressive in behavior. for that reason we will explain the causes of as this tragedy can result.

## 6.2 BULLYING

The term Bullying is derived from the word intimidation and normally employed in the academic fields, it is easily detected when reviewing harassment and abuse that have occurred over the years. Schools, as the place where teens spend most of their days should be considered a space where they feel protected, to develop their skills without any problems, going in depth which is where the conflict may have originated. Unfortunately, this is not always the case. Children do not always understand the emotional and physical damage they are causing the person who is bullied, yet the rejection the person may feel at this stage in their lives can be damaging, and something some do not ever overcome. Some learn to deal with their aggressors, others yet for many, this can lead to small aggressive or depressive behaviors that ultimately will end up accumulating and can produce a crisis, emotional or worse still .a suicide. Even so, there are still schools where there are cases of sexual abuse, emotional abuse, physical punishment and harassment through social networks. They cause damage and humiliation which impairs learning, development.

It is not a secret that Latin American teen rights have been violated yet the state has been working hard to remedy these situations. In countries such as Peru, Bolivia, Ecuador and the

Dominican Republic have struggled against the violence that occurs between students or the abuse of the teacher towards them humiliating them improperly In Ecuador, physical punishment has decreased though the it has risen in the psychological field as a result of the teasing, insults and low grades.

Through the media, many cases have become well known, making it difficult to relate or sympathize openly for fear of judgment as a result of what they publish, photos and even videos. This happens not only among peers but constant criticism also comes from teachers or parents as well as those from other schools, both teens as well as their parents.

We even have the ethnic and racial discrimination. Students even go so far as to keep it secret for fear of repression by the rest of the companions, embarrassed by the series of nicknames given because of the color of their skin or customs. There are also cases of harassment towards people by homophobic and xenophobic, these cases are highest in the United States, since a large number though these cases of suicides have been detected by teenage homosexuals. In addition, the most alarming are the daily discussions, because those instantly, what is worrying them be corrected are the psychological destruction that can lead to time contempt and cornering that it happens. It is believed impossible to fight each of these problems because there are usually more people involved, therefore It is difficult to punish all those responsible if there is no concrete evidence.

### **6.3 SEXUAL DISORIENTATION**

Sexual orientation refers to the affection that one person has for another, which can be broken down into three categories, which are: homosexuality referring to persuasion that exist towards people of the same sex; bisexuality, desire and falling in love with an individual of



either genders; heterosexuality attraction towards another person of the opposite sex. That is why the theme of sexual disorientation causes great discussions between people, either for against these ideologies. In recent years there have been more cases involving harassment or abuse of young people for having another kind of tastes, which are not "normal" for many people because they believe that it is a disease or a means used to get attention, but this is not the case, yet they are simply judged by the condition and not for what the person feels.

"Sexual des-orientation": it is not a crisis of sex, but existential" (Santos, E. 2013)

This phrase says little but really makes us think we see the reality of this problem as it takes place around us and though it may not cause us any direct harm, most young people tend to discriminate against people in such a violent way without allowing them to defend themselves, causing severe emotional crisis.

For this reason, it becomes difficult for them to speak freely and honestly about their true feelings and through their head, questions such as: "How do I tell others about my sexual orientation?", "Of how managed to declare what my sexual orientation?" and "Will I be rejected by my own friends or family members for being gay or lesbian?"

Though there are only theories about these feelings which cannot be based on scientific fact, it could be argued that this is not transmitted as many parents assume, but is usually more of a decision often taken during puberty, when these types of feelings are usually generated. Adolescent not be transmitted in any way, as many assume that parents delegate it is their children, but is more a decision taken by the guy, which usually is often enact during his puberty, because there is where they begin to generate this pattern of feelings.

Today many continues condemning homosexuality, judged and driven out of their social circle. Love should be a feeling of happiness and desire, not fear and loneliness, everyone has the right to choose who to be, even if the others do not, they should be respected supported and accepted, yet we see only our own convenience, acceptance is difficult and brings difficulties along with it. We always believe our own opinion to be the right one with no regards for the other person's happiness. This has produced many homophobic, people who show prejudice and rejection as well as humiliating and aggressive behaviors towards people who have homosexual tendencies. An example of this as follows.

Analyzing and understanding the text we find the following phrases as guide for youth (2007): "the gay is effeminate and promiscuous" or "lesbians hate men, they are rare and sullen".

#### **6.4 CYBER BULLYING**

Cyberbullying is when someone or a group of people assault an individual or a group of people via internet. This can be done in various forms and can become a great social conflict, which generally snowballs due to the use of social networks. As the youngest usually are those who spend the most time online, they are the most suited for targeting. Exercised it by different web media which help us know more broadly about the topic, such as: email, social networks, text messages, among others.

Today it has become normal within schools, becoming a topic of interest, socialization and means of education of teachers for their students. It is necessary to raise awareness among youngsters of the damage they can cause to others, as well as the consequences that this can cause, when stalkers estimate it a simple game. This relationship is based on two people, one that attacks, the other that is a victim, who feels threatened and afraid that harm may come to family

member or close friend that is why they refer to remain silent unable to solve the conflict once it spirals out of hand.

Olweus (1993) leads us to know the consequences of this problem: decline in self-esteem, States of anxiety affecting their social integration at home and at school depression pictures, going in depth which is where the conflict may have originated and on the normal development of learning.

We can analyze some forms of abuse:

- **MOBBING:** the stalker is a person of low social and academic development, so that attacking someone with these characteristics, but contrary, because of the intimidation which makes them feel it is the only way to feel good is to attack.
- **HARASSMENT:** Aims to make the other person feel inferior, looking for ways to harass her, to the point that you feel frustrated and igniting it.

Mostly, the aggressions are verbal but can also reach the physical point, even sexually attacking their victims, and destroying them entirely while contributing to their instability in addition to any physical or intellectual impairment. Parents believe that give their children treaters privacy is the best, but they are causing damage to the children because they do not realize what might be happening behind that screen, if really the electronic device is being used in a correctly or inappropriately, A clear example is that of a guy with overweight I record a tape imitating the dance of a film, is supposed to be something personal, but their so-called friends found this tape, how I caused them so funny they decided to upload it to the internet without realizing the damage that could result in him. because some of the videos uploaded can be so detrimental that no law suit, money or apology can remedy the damage caused.

Because teens do not have the maturity to distinguish the gravity of the matter, there should be more campaigns warning the students of the damage which can be caused, rather than have them regret it later.

## **7 CHAPTER III**

### **7.1 Warnings that a person with suicide tendency presents**

In this chapter we will talk about different prototypes of personalities, that present a person with suicide tendency, they have some particular feature which makes them look like prosperous people to fall into the bad situations of life, also do not know how to decide when something is right or wrong. Suicide is the fact of snatching the life of oneself, wounding to the point of death, for example a drug o medicine overdose, cut on the wrist of the arm and car crash on purpose against other cars or objects in particular, it is the cases most outstanding actually in the society. Some causes for how situation like this occurs exist because adolescents are the most inclined to suffer great mental problems due to the concern of how to be part of the society in which they live without being judged or also the family status in which they find themselves can cause this. Also, the excessive consumption of alcohol and drugs can cause health difficulties to the point of dying, this type of people have these behaviors because they are looking for a way to calm the pain they feel for all the situations that they have to live, such as fear of being rejected by their own loved ones, ashamed to do what they really like, take refuge in them same living in an autistic world and always feel that they are the victim of all conflicts. They perform these situations as calls for help, so many of these circumstances do not lead to direct death but, they find a small percentage of probability of being saved at some point, although men decide to die

in a faster way than a woman. they run the risk of not being rescued be the minimum time of having decided to take life

## 7.2 Thinking patterns

They are thoughts of how to cause damage to ne's own life until reaching a situation as serious as making the decision to stop living, some of them are have the forward to escape from reality because you feel trapped in it, feel weak when facing a painful or worrisome problem, allow people around you to believe that causing violence is just a joke and think that your loved ones live better without you because reality is not that, you deceive yourself without realizing the pain they can cause in them when deciding not to be with them in this world. They expose ideas such as "I would die to be more" or "I would have liked to not be born to avoid having to endure all these problems"; looking for ways to commit suicide as acquiring any firearm or dangerous objects, putting at risk life; Away from their social recurrences to keep some distance between his group of friends and the; leave as if it should be the last time that you shared together with his family and intimate partners; high drinking of alcohol and hallucinogens; changes over time her style or thoughts. A question that we have to do is what consequences will should result of these ideas, it can be presented in any state of being adult, young or of a different sexual gender, this is presented by different arguments. Normally, children are perceived as young people with emotional anguish for what they find in it, they are not always the same in each person because each one takes it in a different way. Looks like difficult to can finish with that suffering but if you can manage to deal with these problems carefully because exaggeration can also make them feel weaker and begin to generate in their heads erroneous thoughts reaching the point of causing a depression. Although when the level of depression begins to rise it can become very serious

because it can affect your mental and physical health because it can cause itself as a refuge from a problem. Being able to deal with these conflicts is often complicated, because people are not always willing to accept help but for that reason we must keep calm because if we despair we will not be able to find a correct solution before this situation, in addition we should start working together with a expert to whom we call psychologists or when it is more serious psychiatrist, without leaving aside the mental and physical health because if we careless we can cause death involuntarily and finally not let other people with suicidal tendencies interfere in this process of improvement, because they can damage the entire improvement process.

### 7.3 Emotions suicide

There is an estimated data that every year 800.000 people decide to take their own lives, it be the second most important cause of death in young people aged 15 to 29 years, this disaster affect in families, friends and society because it is the loss of a loved one in a unexpected way and leaves a feeling of guilt in them. The principal form of demonstrative are the abuse of alcohol and depression in adolescents because is the age where appear problems with parents, boyfriend that finish in a breakup and economical because do not have de sufficient money to do the lot of thigs it wants and see that other people can do. during the last 5 years the prevention about suicide not develop on the correct way because the society think that is irrelevant and do not feel really how many are the risk to a family feel that their children can fall into the same. The group of persons that are more tendency to do it are the homosexuals, lesbian, blacks and people excluded by society because they are of another race or culture, for that reason, several ways have been detected to avoid suicide are:

- Avoid the use of weapons, sharp objects and strong medicines for the organism

- Keep the children informed about what happens in their social environment
- Try at time the mental disorder with an expert
- Keep informed the parents every situation that present their children at school

when they have conflict with other guys or are isolated

Is important to help these guys that do not realize how important it is to assess the living because many suffer catastrophic diseases, they do not have the same opportunities as others would like and just get carried away by what they say letting it affect until you reach the point of falling into the same mistake.

## **8 CHAPTER IV**

### **8.1 Results of interviews with experts**

The author has conducted interviews to three different psychologists, Psi. Patricia Rivera y Magdalena Herrera clinical and Psi. Argenis Pincay education. This information is of vital importance, because it offers a clear and testimony about what this text encompasses, besides it analyze the different opinions obtained with regarding to the problems present in different areas, where each has developed their skills through different cases because a situation of the school does not have the same seriousness as a clinical study, which digs feeler into the depths of the problem to treat the conflict. The author asked ten questions at which are as follows.

1. What do you believe is the percentage of adolescents\teenagers in today's society who may be suffering some sort of psychological disorder to be?

Rivera, P. (2017)

In Ecuador, I would believe that there is a 65% of adolescents presenting some kind of disorder, brought about due to family, mental, social or personality because there is to certain gang or tribes as I call them “ñengo” group because it is like a fashion for them but to be honest it is a disorder of the personality... if you talk with them, they are normal guys who have intellectual deficiency of some sort ...

From your perspective, Which do you believe are the main problems influencing the mental health of today’s teenagers’ Pincay, A. (2017) said

- Low self-esteem which generates imbalance in self-image by demotivating relationships with family, friends or the academic plan.
- Depressive disorders feel that they are not loved by anyone or have grounds for joy in their lives
- Behavioral problems not knowing how to control themselves or solve problems

The third question was ; What do you believe are the main problems influencing today’s teenagers’ mental health? The answer of Herrera, M. (2017) was “Inherited psychiatric disorder, experiences of life as in the family environment and very strong life situations”

From your perspective about what role educators have in detecting mental disorders in teenagers, according Herrera, M. (2017)

It replaces the role of the parent more and more the role, they spend more time with the boy than with those at home, so the educator in addition to teaching has



come to occupy an important role in the life of the boy in helping them to form themselves as persons.

The fifth question asks us: To what extent do you believe social networks play a part in the mental state of today's teenagers? According to Rivera, P. (2017) "It has very high-influences, so many tend to mimic the behavior of other people who they watch and follow on social networks"

6. Do you believe sex orientation plays a role in a teenagers' mental health, fear of non-acceptance from family, friends, school, church, society? Pincay, A. (2017)

We must generate dialogue spaces because when a teenager can have some doubt in the plane of sexual disorientation the first thing he will do is find himself, if he approaches his mother, father or a member of the church and finds rejection, surely, he is not going to want to comment so continue that thought without taking into account the pros and cons. When there is a defined orientation you need a lot of dialogue with people who can give you support because you will feel rejected because society imposes itself on what he is thinking and he will come to believe that it is wrong, but will always have to carry on with good emotional health, though most of the time he will find himself to be confused. It should also not interfere with whether they are good or bad people because of this, they should be given openness and tolerance.

The seventh question in the interview was: What do you believe are the consequences of not finding treatment at an early stage of mental disorders? And River, P. (2017) answered “Teens may fall into states of depression, vices, belonging to rebel groups, total isolation of the family, low educational performance”

According to the experiences lived throughout his career as a psychologist she was asked the following question Do you believe not treating \detecting mental disorder in its early stages can lead to teenage suicide? According Herrera, M. (2017)

#### IF THE TEENAGER IS EXPOSED TO

- Home abandonment
- Independence at an early age
- Does not have a strong bond with parents
- They have a void existence, because the parents shower them with material things but do not internalize feelings with them on matters of great or small importance but not internalize with them.

#### 9. What are the signs to look for in the detection of mental disorder? Pincay, A. (2017)

- Behavior change
- Low Academic performance
- Social isolation
- Mood swings
- Staying cooped up at home and not partaking in group activities
- Stay locked at home and not be part of the group work

- Disconnection of social networks
- They don't have a life project or goal building

From your perspective what role do parents play in the search for professional help for their children, Rivera, P. (2017)

Facing the situation and the problem as a common theme without exaggeration, obviously maintaining an approach with a specialist, leaving the taboo that it is for madmen, but for those who have personal problems.

Conclusion. -

The criterion of a clinical psychological point of view is different from that of an educational psychological point of view, because they analyze the problems that the children live by the proximity they have with them, while the educational sees them in a psychological more generalized way, without going in depth which is where the conflict may have

They also address the issues in different ways, each considering what are the most important to deal with are before it grows, as well as which can end up turning into a tragedy in time.

## 9 CONCLUSIONS

In this monograph we can know the different problems that adolescents have at such an early age because of the different hereditary mental illnesses or that are developed mainly by their family environment, also another that depend on the society in which they are. It's not easy to take them, but it's not impossible either, because it can get cured on time or treat them to lessen the damage they can cause, but people believe that it is a lie or simply prefer to isolate them leaving aside without considering how much this type of action can affect the individual.

We can also analyze the different causes that occur before a guy decides to take his life, both for discussions that may have with his family, friends or people who are around them without needing to be known, due to the Reaction they can have when they act in a different way than theirs, they are more fragile people to what happens in the world, so many times they get carried away by the rest, but they still show before their parents an appearance contrary to the way they really show themselves to the world.

It was possible to talk with two specialists about this topic, because it is good to be able to acquire information from real cases, not only from what could be found on the Internet, because they can show a different or similar opinion depending on the case, but it helps us to affirm what can really be valuable to all to know, because of the impact that can cause in us until we reach such a point of being able to change our way of seeing and thinking.

## **10 RECOMMENDATIONS**

Do not make chapters or sub-topics that are of more, because generate a quantity of unlimited information becoming to a very broad topic, losing the focus for the realization of the monograph. Is very important to have from the beginning the websites or books you will use to be able to do it without any problem because we can get confused with other sites therefore it would take us more time to make the respective corrections on time.

## 11 BIBLIOGRAPHIC REFERENCES

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